



470 Winter Street Ext.
Troy, NY 12180
(518) 283-1372
www.HOPELC.ORG

We are a community empowered by the Holy Spirit, called to bring God's comfort, to work for God's justice, and to share the hope and love of Jesus with all.

MAY 2023 NEWSLETTER

**GRAB DINNER
WHILE HELPING BOTH
CoNSERNS-U & DOORS of HOPE
FOOD PANTRIES**

**MAY 18TH, 3 – 6 PM
at Hope Lutheran Church**

**ALL PROCEEDS WILL GO TO THESE
TWO FOOD PANTRIES**

~ See flyer inside for more details ~

Our Core Values



*faith
acceptance
compassion
gratitude
love*



Spring is here! Recently I've noticed that quite a few of the pollinator flowers we planted last fall are starting to bloom. If you sit in the Solarium, you can see just how lovely they are as they begin to blossom. We broke ground for our pollinator garden in the Fall of 2022. I am so grateful to the many members who have been involved in this project from the very beginning, and for those members along the way who have donated their time and energy, their seedlings and plants to our pollinator garden here at Hope. The beginnings of this pilot project came about as a result of our participation in the ELCA Congregations Lead Initiative program. A program focused on innovation within the congregations of the ELCA. To that end the national church has even established an Innovation Lab, whereby this Innovation Lab serves as a resource for congregations, also sharing ideas and projects between congregations that have worked. We are now in the second year of this two-year program. As part of the program, we are assigned a coach. In speaking with him recently and telling him about all the ministries that are taking place here at Hope, including our pollinator garden, he seemed genuinely excited for us. He made the observation that our pollinator garden seemed to be a metaphor for what is happening here at Hope with all the various ministries being done by this small, but mighty congregation. Think of what we do here as seeds of the gospel of Jesus Christ being planted, through our ministries, into the community. Yes, spring is here. And with that, opportunities for new and resurrected life.

Happy spring Easter!

Pastor Pamela





BEE GENEROUS

PLANT SEEDS OF JUSTICE

The Upstate NY Synod Hunger Justice Team invites you and your congregation to participate in the 2023 synod-wide appeal.

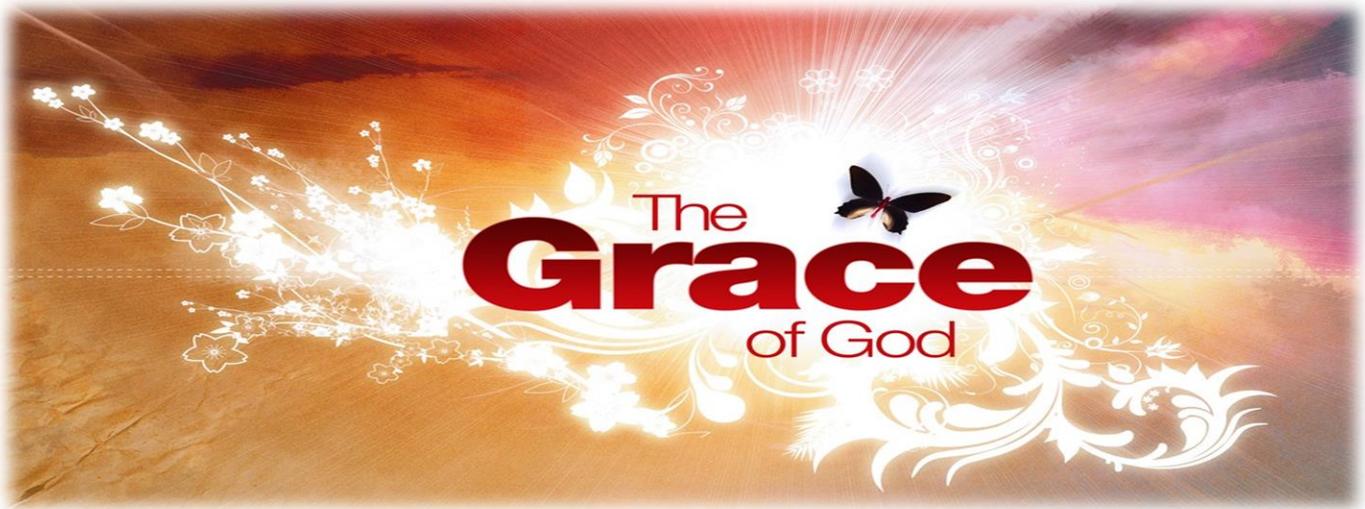
Each congregation is challenged to raise \$440 or more to cover the cost of two bee colonies (\$20 each) and two community gardens(\$200 each).

These ministries make God's creation more sustainable and support families in need.

#BeeGenerousUNYS



HOPE will match congregational donations up to \$440. Put your check made out to Hope with the notation "Bee Generous" in the offering or mail it in to the church at 470 Winter Street Ext, Troy 12180. The funds are tallied at the Synod Assembly held the first weekend in June. So get your donation in soon! And THANK YOU for participating in feeding the world thru the ELCA World Hunger Program!



Emotional Intelligence (EI)

It is generally accepted that success in life is better predicted by EI than IQ.

It is generally accepted that emotionally-aware congregations are usually better able to process the stresses that confront them than those congregations that are not. It could be useful for us, individually, to think our own thoughts about each of these emotions, and if any is so inclined, to share one's thoughts with another. In the last newsletter, I offered the emotion 'confident' under the core emotion of 'Happy' and asked you to ponder your own thoughts.

These are my thoughts:

confident – If my self-confidence was low, I would not have been able to persevere for 30-40 years in such unfavorable environments. My strong but malleable ego is not an easy combination for some people to process. In an anxious family system, people remember, far too long, their negative reactions to my strong ego, and seldom notice how I adapt for the sake of others. Others do not play by the same rules. I am at a disadvantage. The darts fired at those standing firm, during anxious times, hurt. Public deformations of character endure, though, holding fast (graciously and compassionately) during the passing of time holds the promise of living bigger than what is hurled at you. To refrain from launching a counterattack, a tremendous amount of humbled, self-confidence is required – self-confidence fortified with self-differentiation.

Next month, please consider your thoughts on 'isolated' under the core emotion of 'Sad'.

In His Grace, WDM

WOMEN of the ELCA

Hudson Mohawk & Foothills Conferences
Invite you to join your Sisters in Christ for

SHARING GOD'S HOSPITALITY



SATURDAY, MAY 6TH: 11:00-2:00
OUR REDEEMER LUTHERAN CHURCH
103 S Reynolds St, Scotia, NY 12302



TEA PARTY

with savory and sweet nibbles

11:00 Registration - \$8

11:30 Ice Breaker

12:00 Food and discussion

12:45 Bible Study

1:45 Closing devotion

Wear a fancy hat or apron for fun!

Bring a pretty tea cup or borrow one from our collection!

There will be an offering for local food banks!

Take up a NOISY offering of coins in your congregation for the food bank!

RSVP—Marilyn Dyer (HM) dyermm48@gmail.com or

Gail Markert (FH) gby910@yahoo.com



HOSPITALITY is about acting with the Grace of God

Giuliano's of Troy



BBQ



at: **HOPE** Lutheran Church 470 Winter Street Ext. in Troy

Thursday, May 18th, 3 – 6 PM

(or until sold out)

**Join us for this Drive-Thru Fundraiser to Benefit
CoNSERNS-U & Doors of Hope Food Pantries**

(this event is 'Drive-Thru' only)

**Dinners are \$15.00 per meal and include:
½ Chicken, Potato, Corn on the Cob & Coleslaw**

Pre-Orders can be made through our website at:

<https://secure.myvanco.com/L-Z9SF>

WELCOME BACK FOOD TRUCK NIGHT

We hope that everyone had a great off-season time the past couple of months. We are contacting you to let you know that we will be having Food Truck Night again here in North Greenbush!!! The Town of North Greenbush is looking for food trucks to participate in the **WEDNESDAY** Night Food Truck Event for the 2023 season.

We will again be having Food Trucks @ town hall between 4:00 p.m. to 7:00 p.m. We are planning on the start date of Wednesday, May 24th. This year's event will go all the way to August 9, 2023. We are asking anyone interested in participating to contact the Town Clerk, Janice Hannigan Kerwin, @ 518-283-4306 or feel free to email anytime at townclerk@northgreenbush.org if you have any additional questions.





American Red Cross

**Give a Pint,
Get a Pint**
with Stewart's Shops!



Blood Drive
Hope Lutheran Church

470 Winter Street Ext., Troy, NY 12180
Sanctuary

Saturday, June 10, 2023
9:00 a.m. to 2:00 p.m.

To schedule your appointment,
please call 1-800-REDCROSS,
visit www.redcrossblood.org, or,
download the free Blood Donor App.
Use sponsor keyword: **hopelutheran**



Scan to be directed to
RapidPass®



Scan to schedule
an appointment.



All presenting blood donors this June will receive a voucher redeemable for one prepackaged pint of ice cream or gelato at any Stewart's Shops!® For more information and Stewart's Shops locations, please visit StewartsShops.com.

1871 • Order ID: 1502924 • Item ID: 6766304 • Date: 1 of 10 • 001530426 • ADR1 • 210300

Worship Volunteer Duties for May 2023

Please find your own replacement if you cannot be available on date of assignment.

	7-May	14-May	21-May	28-May
	Worship 10:00am	Worship 10:00am	Worship 10:00am	Worship 10:00am
Altar Guild/ Comm. Asst. 2	Maureen H	Marilyn D	Charlie H	Bonny M
Greeter	Pam D	Peggy F	Ja'net M	Marion D
Usher	Donna L	Mike D	Athena B	Pam D
Assisting Minister	Cindy W	Luis C	Marilyn D	Mike D
Communion Assistant	Pam D	Luis C	Marilyn D	Mike D
Snack Set-Up / Clean-Up	Liz M	Susan C	Marilyn D	Donna L
Offering Counters	Pam D & Cindy W	Charlie H & Donna L	Bonny M & Susan R	Pam D & Marion D



News & Upcoming Events for May of 2023

We will have 'In-Person' Sunday Worship Services at 10:00 AM. We will also continue to live-stream our services on our Facebook page and through Zoom. The Zoom link for Worship Services will continue to be posted in the bulletins.

Sharing the hope and love of Jesus with all

<p>3rd</p> <p>Worship & Music Committee Meeting @ 6:30 PM in the large classroom</p>	<p>4th</p> <p>Hope's Kitchen Free Community Dinner at Cornerstone Church in Lansingburgh * Serving from 3 – 5:30 PM (for those who RSVP'd)</p>	<p>6th</p> <p>Regional Food Bank Packing 10:30 AM – Noon Meet at RFB</p>	<p>7th</p> <p>Hope's Prayer Team in small classroom ~15-minutes after worship service</p>
<p>10th</p> <p>Council Meeting @ 6:30 PM in the large classroom & via Zoom</p>	<p>12th</p> <p>Dine-Out Dinner Group @ 6 PM (The Mighty Crab)</p>	<p>16th</p> <p>Hope's Hands Meeting @ 10 AM in the small classroom</p>	<p>Children's Sunday School ***** Sundays @ 9 AM in the large classroom</p>
<p>Thursday May 18th 3 – 6 PM</p> <p>DRIVE-THRU CHICKEN BBQ DINNER Fundraiser to Benefit CoNSERNS-U & Doors of Hope Food Pantries <i>Together We CAN Make a Difference</i></p>			<p>Wednesday Bible Study at Noon will meet on: May 10, 17, & 24 (in the large classroom & via Zoom)</p>

