



470 Winter Street Ext.
Troy, NY 12180
(518) 283-1372
www.HOPELC.ORG

We are a community empowered by the Holy Spirit, called to bring God's comfort,
to work for God's justice, and to share the hope and love of Jesus with all.

SEPTEMBER 2026 NEWSLETTER

NEW!!!
Library Exchange Box
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Tai Chi
& Qigong
Return
~ page 9

Our Core Values



faith
acceptance
compassion
gratitude
love

Hymn Fest
~ page 11

A Message from Our Pastor



Summer is almost at an end and the fall is but a week or two away. Vacations are for the most part completed, and the necessary preparation for the fall and the winter holidays are uppermost in mind. Children and young adults are returning to school. So too the church year is beginning anew—the next few months will be replete with several holidays. In celebration of the church new year, we're going to have a Hymn Festival of joyous singing during the regular worship service on September 27th, ending with a potluck right after the service. For the potluck we're asking folks to bring a dish, whether from your own culture or just a favorite dish you'd enjoy making and sharing. With regard to the hymn festival itself, any hymns you would like to sing should be submitted in advance to either Pastor Pamela or Greg Whitney via email.

Pastor Pamela

Help save lives. Give blood.



**A big THANK YOU to the
35-donors who came to
our Blood Drive on
August 15th.**



And a special thank you to Tonya Humphrey and Kelly Jaeger for helping the American Red Cross workers by setting the sanctuary up for them, to Donna St. John and Tonya Humphrey for checking donors in, and to Diana Burns for tending to donors at the snack table!



Save-the-Date: Our next Blood Drive will be on November 28th.



Check out our new Library Exchange Box: Get a Book—Leave a Book. We are excited to share with you this new ministry for both members of Hope Lutheran, and our local community. Books submitted can range in age, from children to adult. Only put books in the library box that are in good condition and are appropriate (please, no tattered or worn books, or books with writing in them). As this is a library exchange box, these are not books you are loaning; you should not expect to receive them back.



FAITH Family FRIENDS

Prayer Calendar **SEPTEMBER** 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
	Judy Rieker	Gerd Rieker	Maureen Hoffman's Birthday	Cindy Winter	Diane Cornell	Susan Radzynski
7	8	9	10	11	12	13
Sherry Purtell	Jim Purtell	Emily Purtell	Irene Tumlin	Karen Hill	Amy Macris	Peggy Farrell
14	15	16	17	18	19	20
Karen Maycock	Wayne Mizerak	Carol Mizerak	Chamanka Gamage	Luke Morello	Sandra Governor	Sue Anthony
21	22	23	24	25	26	27
Emily Filuta-Gray	Tyler Gray	Henry Gray	George Gray	Theodore Gray	Marilyn Dyer	Pr. Elaine Berg
28	29	30				
Linda Hunter	Janet Malmstrom's Birthday	Nancy Davis				



EACH MONTH WE LIST NAMES FOR YOUR DAILY PRAYERS. EVERYONE IN OUR COMMUNITY BRINGS UNIQUE GIFTS FOR OUR MISSIONARY JOURNEY. OUR PRAYERS SUPPORT THEM IN THEIR DAILY LIVES. (A REMINDER...THESE ARE NOT PRAYERS FOR HEALING.)



We wish you a very Happy and Blessed Birthday ...

Maureen Hoffman ~ September 3rd

Janet Malmstrom ~ September 29th





A big THANK YOU to our August Mowing Crew!!!

Peggy Farrell Mike Daus Wayne Palka Debbie Favro

Kelly Jaeger Rick Covey Keving Willis

and to Bob Crowley for Weed Whacking

September Schedule:

August 31st – September 5th: Kevin Willis

September 7th – 12th: Charlie Huff & Peggy Farrell

September 14th – 19th: Mike Daus & Debbie Favro

September 21st – 26th: Wayne Palka

(Sept. 28th – Oct. 3rd: Kelly Jaeger & Charlie Huff)



NORTH GREENBUSH

TOWN Fair

2026

★ SEPTEMBER 11TH THROUGH SEPTEMBER 13TH ★

FUN FOR THE WHOLE FAMILY!



CARNIVAL RIDES

THRILLS FOR ALL AGES!

★ ★ ★



FESTIVAL FOODS

DELICIOUS TREATS & FAIR FAVORITES!

★ ★ ★



LIVE MUSIC

GREAT MUSIC GOOD VIBES!

★ ★ ★



AND MORE!

GAMES • VENDORS
EXHIBITS & FUN!

★ ★ ★

LIVE MUSIC FEATURING

9/11 Joe Adee & the Lugnuts - 7:00 P.M.

9/12 Motown All Star Review - 7:00 P.M.

Come for the Fun.
STAY FOR THE MEMORIES!

★ AT ★
NORTH GREENBUSH TOWN PARK
2 DOUGLAS STREET, WYNANTSKILL, NY

★ SUPPORT LOCAL • BUILD COMMUNITY • MAKE MEMORIES ★




POP CORN

LEMONADE



For the first time ever, the Regional Food Bank is bringing our community together for a **24-Hour Volunteer-a-Thon**, an around-the-clock effort to make a difference for our neighbors in need. For 24 hours straight, volunteers will roll up their sleeves to help sort and pack items for distribution throughout our service area.

With volunteer opportunities happening across all three of our locations, there are more ways than ever to get involved. Gather your friends, family, coworkers or team and join us for a shift as we work together, hour by hour, to fight hunger and strengthen our communities.

Three locations. 24 hours of impact. One mission.

Friday, September 18 – Saturday, September 19, 2026

24 Hours of Volunteering Across Three Locations

Capital Regional Distribution Center

Hudson Valley Distribution Center

Patroon Land Farm

VOLUNTEER REGISTRATION NOW OPEN!

Secure your spot at: [Volunteer - Regional Food Bank of Northeastern New York](#)

Beginner Tai Chi and Qigong Classes - Starting Soon!

Hope Lutheran Church offers three classes each week in the ancient Chinese practices of tai chi and qigong.

Tai chi is often referred to as “mind/body exercise.” Its slow, gentle movements are suitable for people of all ages and abilities. It has been found beneficial for people with arthritis, osteoporosis, diabetes, and other conditions. The “mind” component of tai chi practice promotes calm and mental balance.

Qigong practice focuses on movement that helps increase the flow of "qi" -- energy -- through the body. This practice can be done seated.

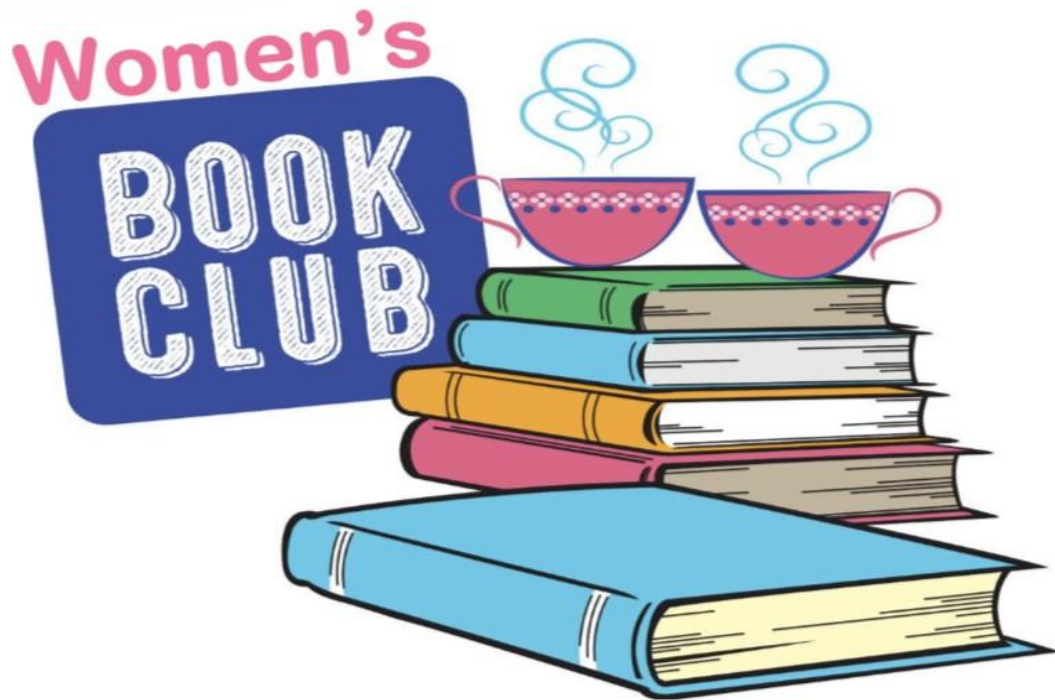
Fall classes will begin on September 22 and 23. Here's the schedule:

Tuesdays, 7-8 pm and Wednesdays, 10-11 am - Beginner Plus Tai Chi. These classes are open to all – beginners and those with some experience. We will focus on the basics of tai chi and qigong practices. The two classes are held in person and on Zoom at the same time. Students also receive a link each week to a video of the class to aid in their own practice. Class fee is \$25/month.

Wednesdays, 1:30-2:30 pm - Qigong for Life

This class is open to all. We will focus on qigong and other self-care practices, including self-massage and meditation. The class can be done seated, if you wish. This class is "in-person" only (no Zoom), and the fee is \$5 per class.

Interested? Questions? Contact Pam Dodson at 518-701-4628.



Welcome Back the Women's Book Club

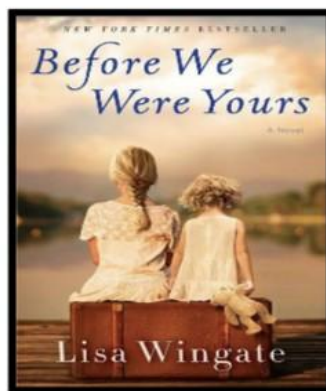
on September 23rd at 6:30 PM.

We meet monthly on the third Wednesdays

at the home of Marilyn and Pr. Elaine.

Pastor Pamela will be coordinating this group.

We will be reading *Before We Were Yours* by Linda Wingate.



We'd love for you to join us!

Welcome Back Hymn Fest & Potluck

**Join us on Sunday, September 27th
for a “Welcome Back” Hymn Fest and Potluck!**

**Request your favorite hymn and submit it
directly to Pastor Pamela or Greg Whitney.**

**There are also two sign-up sheets located
on the big table in the sanctuary:**

- + One is to RSVP to the potluck so we have an accurate
count for set-up of tables and chairs.**
- + The other one is for those of you who would like to
bring your favorite dish from your own
(or favorite) culture or ethnicity.**

We look forward to seeing you there!



WELCA Fall Retreat

Hosted by WELCA Foothills and Hudson Mohawk Conferences

Hearing God in Our Lives. Romans 12: 6-8

Kateri Tekakwitha National Shrine & Historic Site - www.katerishrine.org - 3636 NY-5, Fonda, NY 12068

October 3, 2026

9 - 930	Registration, Receive travel mugs and journals, Coffee, Tea & Sweets
9:30 - 10 am	Land Acknowledgment and Opening Prayer, Song "We Are Called", Ice Breaker with journals
10 - 11 am	Bible Study (Romans 12: 6-8) with Pastor Diana Foote from Our Redeemer Lutheran Church, Scotia, NY
11 - 11:45 am	Activity is Service Project for Comfort Zone Ministry at Trinity, Amsterdam - Personal Care Kits and Period Packs
11:45 am - Noon	Triennial Talk & Announcements, Convention 2027
Noon - 1:00 pm	Lunch: lite soup, salad & sandwich lunch with dessert. Free time to explore the site, bookshop and grounds.
1:00 - 2:45 pm	Song "Listen God is Calling" Program - We will explore various ways to hear God's call in our lives including praying, nurturing grief, listening skills, being neighborly and journalling.
2:45 - 3:00 pm	Cynthia Winter, Artist & Poet
3:00 - 3:30 pm	Closing Reflection, prayer & song, "Here I Am Lord"

NOTE: *Saturday Vigil Mass @ Shrine begins at 4:30 pm - Feel free to attend.*

Registration forms are on the table in the sanctuary & in the newsrack at Hope LC.

REGISTRATION: \$15 MAKE CHECK OUT TO "Heralders" and note "WELCA" in memo line. Registration and payment is requested by September 19th, 2026. Mail to Marge Ugalde (Board Member), 2322 State Highway 67, Johnstown, NY 12095, or email her at dependablemom@yahoo.com.

QUESTIONS - CONTACT CONFERENCE LEADERSHIP LISTED BELOW:

Foothills Conference

Gail Markert, Conference Co-coordinator
518) 332-2668, email: gby910@yahoo.com

Hudson Mohawk Conference

Mary Rainey, Conference Co-coordinator
(518) 416-3004, email: mezrainey55@gmail.com



2026 Fall Ministerium



October 26-27, 2026 for Rostered Ministers

with Presiding Bishop Yehiel Curry
Evangelical Lutheran Church in America (ELCA)

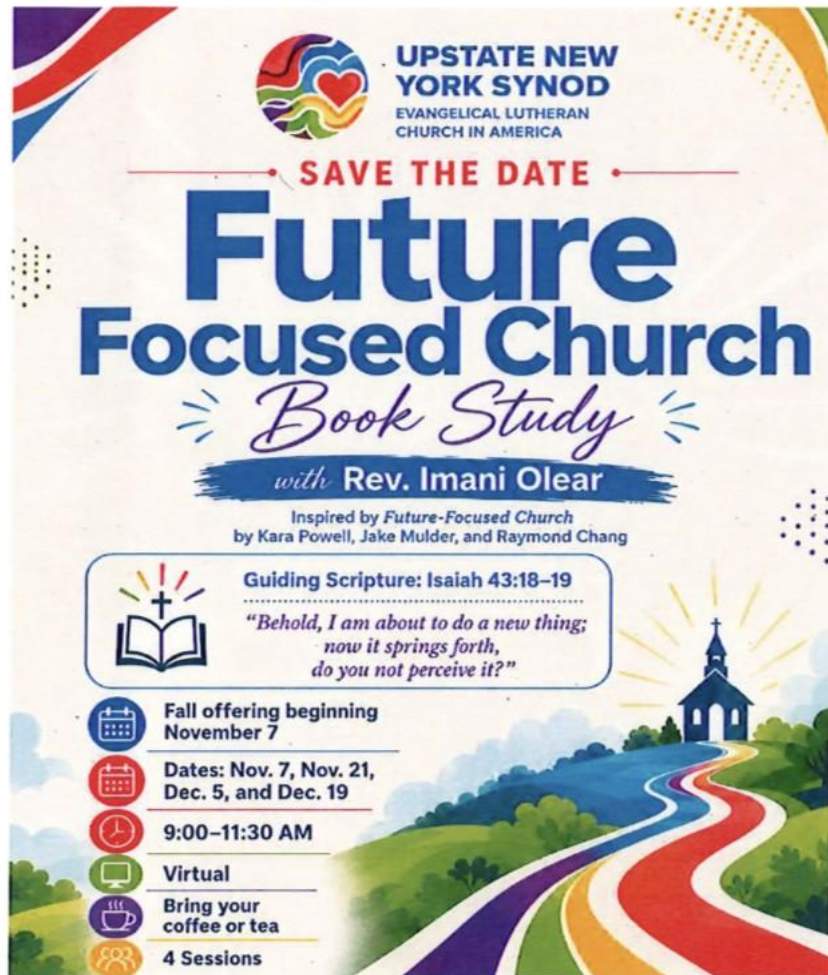
October 27-28, 2026 for SAMs, Lay Preachers, & Mentors

with the Rev. Hank Langknecht
Retired Associate Professor of Homiletics,
Trinity Lutheran Seminary

Notre Dame Retreat Center, Canandaigua, NY



Save the Date:
Future Focused Church Book Study



Congregations and leaders across the Upstate New York Synod are invited to join Rev. Imani Olear for a virtual fall book study of *Future-Focused Church* by Kara Powell, Jake Mulder, and Raymond Chang.

Together, we will explore how congregations can listen for God's direction, engage younger generations, practice kingdom diversity, and tangibly love their neighbors as they discern the next faithful steps for ministry.

Guiding Scripture: Isaiah 43:18-19

"Behold, I am about to do a new thing; now it springs forth, do you not perceive it?"

Dates: Saturdays, November 7, November 21, December 5, and December 19

Time: 9:00-11:30 AM

Location: Virtual

Facilitator: Rev. Imani Olear

Format: Four-session book study

Note: Bring your coffee or tea!

Register here: COMING SOON

This offering is open to pastors, deacons, council members, lay leaders, ministry teams, and anyone who loves the church and is willing to wonder what God may be doing next.

Purchase the book at your community bookstore!

Worship Volunteer Duties for September 2026

Please find your own replacement if you cannot be available on date of assignment.

	6-Sept.	13-Sept.	20-Sept.	27-Sept.
	Worship 10:00am	Worship 10:00am	Worship 10:00am	Worship 10:00am
Altar Guild/ Comm. Asst. 2	Debbie F	Charlie H	Bonny M	Donna S
Greeter	Marion D	Diane C	Lois B	Peggy F
Usher	Mike D	Cindy W	Athena B	Peggy F
Lector	Mike D	Cindy W	Chris N	Karen C
Communion Assistant	Donna S	Bonny M	Chris N	Pam D
Snack Set-Up	Susan C	Charlie H	Charlie H	Susan C
Offering Counters	Marion D & Pam D	Diane C & Bonny M	Charlie H & Chris N	Karen C & Pam D
Goodie Brigade	Pam D	Peggy F	Lois B	Marlies P

TEAMWORK
makes the dream work

UPCOMING EVENTS FOR SEPTEMBER OF 2026

We have 'In-Person' Sunday Worship Services at 10:00 AM.

We also live-stream our services on our website, Facebook and YouTube.

Sharing the hope and love of Jesus with all

1st: Co-Ed Bible Study @ Noon in the small classroom; (every Tuesday).

2nd: Stewardship Planning Meeting @ 10:30 AM in the sunroom.

6th: Prayers of Hope meets in the small classroom following worship service.

9th: Worship & Music Committee Meeting @ 6:30 PM in the small classroom.

12th: Regional Food Bank Packing, 10:30 AM – Noon, Meet at RFB.

13th: Congregational Meeting following worship service; (WSL/Old Trinity Property).

15th: Hope's Hands meets @ 10 AM in the small classroom.

16th: Council Meeting @ 6:30 PM in the large classroom & via Zoom.

17th: Grief Support Group @ 5:30 PM in the large classroom.

22nd: Beginner-Plus Tai Chi @ 7 PM with Pam Dodson in the sanctuary.

23rd: Beginner-Plus Tai Chi @ 10 AM with Pam Dodson in the sanctuary.

Qigong @ 1:30 PM with Pam Dodson in the sanctuary.

Women's Book Club @ 6:30 PM at the home of Marilyn & Pr. Elaine.

26th: Newsletter Articles Due to Tonya.

27th: "Welcome Back" Hymn Fest @ 10 AM followed by a potluck.

29th: Beginner-Plus Tai Chi @ 7 PM with Pam Dodson in the sanctuary.

30th: Beginner-Plus Tai Chi @ 10 AM with Pam Dodson in the sanctuary.

Qigong @ 1:30 PM with Pam Dodson in the sanctuary.

