

We are a community empowered by the Holy Spirit, called to bring God's comfort, to work for God's justice, and to share the hope and love of Jesus with all.

OCTOBER 2023 NEWSLETTER

**Prayer
Ministry
Update**

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**Meals &
Wheels**

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Group**

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Our Core Values



*faith
acceptance
compassion
gratitude
love*



As I write this, I'm sitting in my dorm room on break at the Sisters of Notre Dame Retreat Center. This will be the last residency for the eighteen-month program I've been involved in at the Shalem Institute. The focus of this program is learning to connect with, and at the same time, observe how one's spiritual development, one's faith, has influenced one's particular brand of leadership. It has been an eye-opening experience to say the least. But it isn't just with regard to leadership that we ought to engage our faith, but in all aspects of our lives. Over the next few weeks, I will be leading a six-week forum after Sunday Services entitled "Civic Life and Faith." This educational piece is being shared across the country with individual congregations, synods, colleges, and universities, etc., as the ELCA seeks to develop a Social Statement on Civic Life and Faith. The development and focus of this Social Statement was mandated by the delegates at our last ELCA Church-wide Assembly. As part of our constitutional duty, we are required to participate in what used to be referred to as the "Public Square." In other words, as citizens of this country, it is important that we support our government by participating in the ongoing life of said government. We need to be able to discuss with civility and respect the issues before us as a people and as a nation. We need to be able to analyze from all sides and perspectives the choices we need to make if we are to move forward in a healthy manner as a nation and as a global community. Our faith isn't just to be pulled out for an hour on Sundays, but like Jesus models for us in the scriptures, it should inform every aspect of our lives. But how to do that in an appropriate manner as the church is what we'll be looking at over these next six Sundays. Your thoughts and opinions matter and are important to the overall process. I invite you to join me for these sessions. I think you will find them both informative and engaging. I hope to see you there.

God's Peace,

Pastor Pamela

**HEALING TEAM NEWS
EUCCHARISTIC MINISTRY
AT HOPE**



Sending of Holy Communion to the homebound, hospitalized and residents of care facilities is an important ministry of the Christian community. The congregation designates lay or ordained individuals for this ministry. They are selected and trained by the Pastor. Eucharistic ministers are called upon to supplement the Pastor's regular ministry to those unable to receive communion at communal worship services. The elements from the Communion Table are shared through special kits filled with the consecrated elements by the Altar Guild after a worship service.

Eucharistic Ministry is an integral part of Hope's Healing Ministry Team. Plans were put on hold during the pandemic. At this time, we are honored that Daniel Hoh has been designated by Pastor Pamela to begin this ministry opportunity. In the near future he will be blessed and installed at a regular worship service.

If you are interested in this ministry or have questions about it, please speak with Pastor Pamela.



**EUCCHARISTIC
MINISTERS**

ANNOUNCEMENT PRAYERS FOR OCTOBER



ANNOUNCEMENT PRAYERS FOR OCTOBER will focus on the proposed **ELCA Social Message: Government and Civic Engagement in the U.S.** They will coordinate with an after worship forum led by Pastor Pamela. If you are willing to pray the prayer one week in October, please contact Pr. Elaine Berg, Healing Team Coordinator. (meb312@aol.com or 315.92.3732)



PRAYER MINISTRY UPDATE

Jim Macris has stepped down as Chair of the Hope Prayer Ministry Team. We give thanks for the caring and compassionate ministry that he has shared with us.

At this time **Pastor Elaine Berg** will be coordinating our prayer requests. If you would like prayer for yourself, a family member or a friend, please contact her using the contact information below. We ask that you tell her if you wish your prayers included in the Sunday bulletin. Prayer cards are available with bulletins in the entry area. Place them on the offering plate during worship.

Mobile phone: 315.92.3732 or email: meb312@aol.com

▲ A reminder: **Donna Littlejohn** coordinates our parish life ministry of rides to appointments and meals when needed. Her contact info is: 518-321-5917 or balsamchick@icloud.com.



HOPE'S

Meals and Wheels

An old ministry with a new name is being resurrected – Hope’s Meals and Wheels.

If you are in need of a ride to an appointment, or a market, or a pharmacy, please call us.

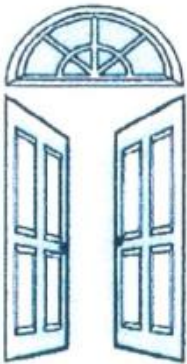
If you need help with meals, please call us.

With this ministry in mind, volunteers are needed. If you are able to make meals, deliver meals, and/or drive, please contact : Donna Littlejohn at 518 321-5917.



**THANK YOU
SO MUCH**

YOU ARE VERY MUCH APPRECIATED!



Doors of Hope

Matthew 25:35

"For I was hungry and you fed me,
I was thirsty and you gave me drink,
naked and you clothed me..."

8/22/23/

Dear friends @ Hope Lutheran,

*Many thanks to all who donated
to the gift of food to our food pantry.
(8/16/23). - So many useful and thought-
ful items. We appreciate it.*

*Sincerely,
Naomi Boel*

Thank you



9/7/23



Doors
of 
Hope

Matthew 25:35

"For I was hungry and you fed me,
I was thirsty and you gave me drink,
naked and you clothed me..."

Dear Friends @ Hope Lutheran,

*We thank you for your generosity
and support.*

*Sincerely,
Naomi Boel*

Thank You



SISTER BETSY VAN DEUSEN, CSJ
CHIEF EXECUTIVE OFFICER

JENN HYDE
EXECUTIVE DIRECTOR

470 Winter Street Extension, Troy, NY 12180

Dear Hope Lutheran Church:

CoNSERNS-U, a Catholic Charities Tri-County Services program, is most grateful for our donors who support our mission of helping individual families meet their basic fundamental needs.

Thank you for your most generous donation of food. Donations such as yours help Catholic Charities reach out to the many people in our communities who need help and assistance. Thank you for taking action to make our community a better place and for bringing hope, healing, and warmth to our neighbors!

On behalf of the staff and clients of CoNSERNS-U, I again thank you.

Sincerely,

A handwritten signature in black ink, appearing to read 'John Proper'.

John Proper
Program Coordinator at CoNSERNS-U
Catholic Charities Tri-County Services
P.O. Box 28
50 Herrick Street
Rensselaer, New York 12144

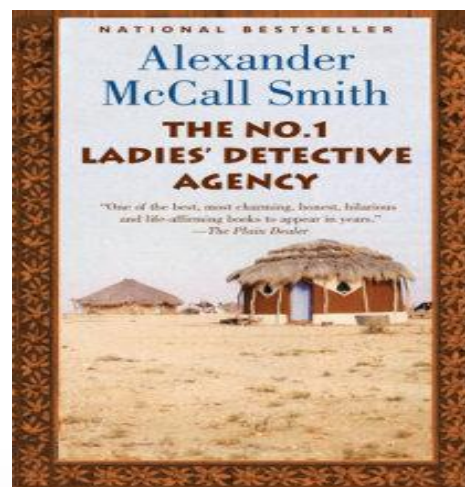
HOPE'S BOOK CLUB

The Hope Book Club will be meeting on October 10, 2023 at the home of Marilyn Dyer, 47 Deerhaven Lane, Defreestville, NY at 7:00 PM.

We are reading - The Number One Ladies Detective Agency by Alexander McCall Smith.

Everyone is invited to attend. Please RSVP and let us know if you will be joining us. 518 321-5917 .

Donna Littlejohn





HOPE'S *Hands*

Hope's Hands will be meeting on
October 17, 2023 at the church at
10:00 AM.

We have many projects in process
and many hands make the work
lighter.

Learn how to tie a quilt or make a
cozie. Share fellowship at the same
time. Bring a project you are
working on and teach us.

Donna Littlejohn 518 321-5917

Grief Support Group



A new ministry has started at Hope Lutheran Church called The Grief Support Group. Meetings will be every month at 6pm. Please read below for details and to learn about our facilitator – Camie Engel.

This monthly, one-hour group is a safe, welcoming, and judgement-free place where people who have recently experienced a loss (death of loved one, loss of job, pet, friendship, marriage, or home, children who left for college, to name a few) can come together to share their struggles and learn some coping skills. This group will provide emotional support, validation, and education about grief, helping you feel less alone.

Camie Engel holds a master’s degree in Grief Counseling from Regent University of Virginia Beach, VA. Her monthly column in “Our Towne” magazine, “Good Grief with Camie”, is written to be a window into the often confusing and painful topics of grief and loss. Having experienced life-altering losses of her own, she had a passion to get more educated and trained to help others.

Join us when you are ready, the next meeting will be on Thursday, October 26th.

**Feel free to reach out to Lois with any questions –
Lois.Batsios@Gmail.com**



We are raffling the beautiful handmade blanket below. Tickets are \$1.00 each and can be purchased from Peggy Farrell. The proceeds will go to the St. Paul's Women's Shelter. Tickets will be sold through the month of October, and the drawing will be held on Sunday, October 29th.



Worship Volunteer Duties for October of 2023

Please find your own replacement if you cannot be available on date of assignment.

	1-Oct	8-Oct	15-Oct	22-Oct	29-Oct
	Worship 10:00am	Worship 10:00am	Worship 10:00am	Worship 10:00am	Worship 10:00am
Altar Guild/ Comm. Asst. 2	Maureen H	Debbie F	Bonny M	Susan R	Debbie F
Greeter	Charlie H	Cindy W	Ja'net M	Lois B	Mike D
Usher	Marion D	Pam D	Athena B	Debbie F	Cindy W
Assisting Minister	Cindy W	Chris N	Catherine J	Bonny M	Pam D
Communion Assistant	Marilyn D	Chris N	Marilyn D	Bonny M	Pam D
Snack Set-Up / Clean-Up	Charlie H	Charlie H	Marilyn D	Susan C	Donna L
Offering Counters	Charlie H & Cindy W	Pam D & Cindy W	Marilyn D & Marion D	Bonny M & Donna L	Pam D & Donna L



Upcoming Events for October of 2023

We will have 'In-Person' Sunday Worship Services at 10:00 AM. We will also continue to live-stream our services on our website, YouTube page, Facebook page and through Zoom. The Zoom link for Worship Services will continue to be posted in the bulletins.

Sharing the hope and love of Jesus with all

<p>5th</p> <p>Hope's Kitchen Free Community Dinner at Cornerstone Church in Lansingburgh * Serving from 3 – 5:30 PM* (for those who RSVP'd)</p>	<p>7th</p> <p>Regional Food Bank Packing 10:30 AM – Noon Meet at RFB</p>	<p>9th</p> <p>Worship & Music Committee Meeting @ 6:30 PM in the large classroom</p>	<p>10th</p> <p>Book Club @ 7 PM (at Marilyn's home)</p>
<p>13th</p> <p>Dine-Out Dinner Group @ 6 PM (The Mighty Crab)</p>	<p>17th</p> <p>Hope's Hands Meeting @ 10 AM in the small classroom</p>	<p>18th</p> <p>Council Meeting @ 6:30 PM in the large classroom & via Zoom</p>	<p>26th</p> <p>Grief Support Group @ 6 PM in the large classroom</p>
<p>31st</p> 	<p>Wednesday Bible Study at Noon will meet on: Oct. 11th, 18th, & 25th (in the large classroom & via Zoom)</p>	<p>Tai Chi Beginner Plus – Tues. @ 7:15 PM Qigong – Wed. @ 1:30 PM Tai Chi Advanced – Wed. @ 3 PM (weekly)</p>	<p>Children's Sunday School will begin on Nov. 5th</p>

