



470 Winter Street Ext.
Troy, NY 12180
(518) 283-1372
www.HOPELC.ORG

We are a community empowered by the Holy Spirit, called to bring God's comfort,
to work for God's justice, and to share the hope and love of Jesus with all.

July 2024 Newsletter

**Vendor Fair
Success!**
See pgs. 5 - 6

Our Core Values



*faith
acceptance
compassion
gratitude
love*

**Breakfast
for Kids**
*Details on
page 8*

**VBS
2024**
*Info. on
page 9*

PASTORAL MESSAGE

Happy fourth of July!

Sometimes in the wonderful excitement of picnics, children being out of school, and the many plans and vacations, we lose sight of the gift of our inner quiet. This month I want to share with you a poem written by Mary Oliver from her book, "Thirst." I hope you take as much joy and comfort as I do from reading this poem in the midst of all the craziness life has to bring during these summer months.

Coming to God: First Days

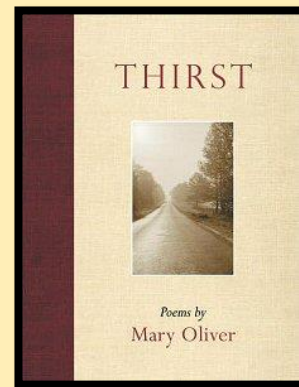
*Lord, what shall I do that I
can't quiet myself?
Here is the bread, and
here is the cup, and
I can't quiet myself.*

*To enter the language of transformation!
To learn the importance of stillness,
with one's hands folded!*

*When will my eyes rejoicing turn peaceful?
When will my joyful feet grow still?
When will my heart stop its prancing
as over the summer grass?*

*Lord, I would run for you, loving the miles for your sake.
I would climb the highest tree
to be that much closer.*

*Lord, I will learn also to kneel down
into the world of the invisible,
the inscrutable and the everlasting.
Then I will move no more than the leaves of a tree
on a day of no wind,
bathed in light,
like the wanderer who has come home at last
and kneels in peace, done with all unnecessary things;
every motion; even words.*



Hope's Sunday Fika ['fēkə]

In the Spring during Stewardship Season, I shared my Swedish family's afternoon tradition of coffee and snacks, our *Fika* In Sweden *FIKA* literally means to have a cup of coffee. But it is much more. *Fika* is about relationships. *Fika* gives Swedes an opportunity to meet and hang out with friends, to get to know new people.



Coffee after worship is an integral part of many congregations. After *covid* it took a while for Hope to get back to the coffee-after-worship habit. With a few phone calls and a little persistence, fruit, snacks, and home baked goods began to reappear. Tables were filled with coffee cups, sweet offerings and lots of conversation.

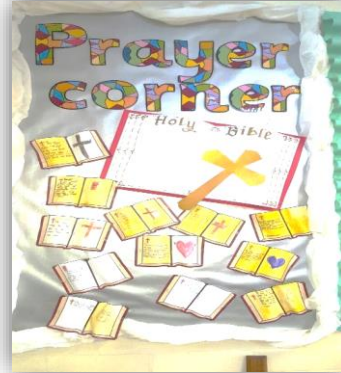
Congregations are often called family; community is a better word. Real communities are not instantly created; they take time and lots of stories and ministries, and life events shared. There are signs of laughter and joy as well as shared grief and concern. I see signs of real *fika* all around Hope as members, visiting families, and new faces gather in the "large classroom" after worship to consider how God is calling us in this place at this time to be a place of real Hope for God's presence in our growing neighborhoods. To be God's *FIKA*.

All of scripture is about God calling God's people to be in relationship with God's self as well as with one another... people known and strangers. May God continue to join us in *fika* together.

Pastor Elaine Berg, Healing Team Coordinator

Hope's Prayer Corner

Hope's Healing Team has created a place where you can stop for a quiet moment for prayer. Located in the small classroom, there is a bookcase designated as Hope's Prayer Corner for you to spend time in prayer and silence. A flameless candle and prayer resources are available for your use including opportunities to pray in color. While the room is currently awaiting completion of shelves for the closet and painting, you may still find it a good quiet place for your prayers and meditation. If you have any questions, speak to Pastor Pamela or Pastor Elaine Berg, Coordinator of Hope's Healing Ministry (315.882.3732 or me312@aol.com).



Thank You

June 1, 2024



Doors of Hope

Matthew 25:35
"For I was hungry and you fed me,
I was thirsty and you gave me drink,
naked and you clothed me..."

Dear Friends @ Hope Lutheran,

Our thanks to you for your gift
of food to D. O. H. Food Pantry
(5/21/24) We appreciate your
support.

Sincerely,
Naomi Boel

Hope's Vendor Fair Success!

Hope's parking lot was transformed on June 22! Tents popped up all over the lawn and parking lot, the scent of hot dogs and the sounds of accordions filled the air! Our Vendor Fair attracted vendors of all kinds, from lovely gift items and jewelry to beautiful photography to "fairy hair." The church narthex was full of tempting baked goods. The raffle table had 29 items, including gift cards of all kinds, and several lovely gift baskets. There was truly something for everyone to enjoy!

Even the downpour didn't dampen any spirits -- although it did stop the music! (Amps and thunderstorms are not a good mix.) The raffle drawings generated much excitement, especially for a certain church secretary who did pretty well!

In all, the event raised \$3,500 which will be donated to the St. Paul's Center, a homeless shelter for women with children. Stay tuned for photos of the check presentation in our next issue!

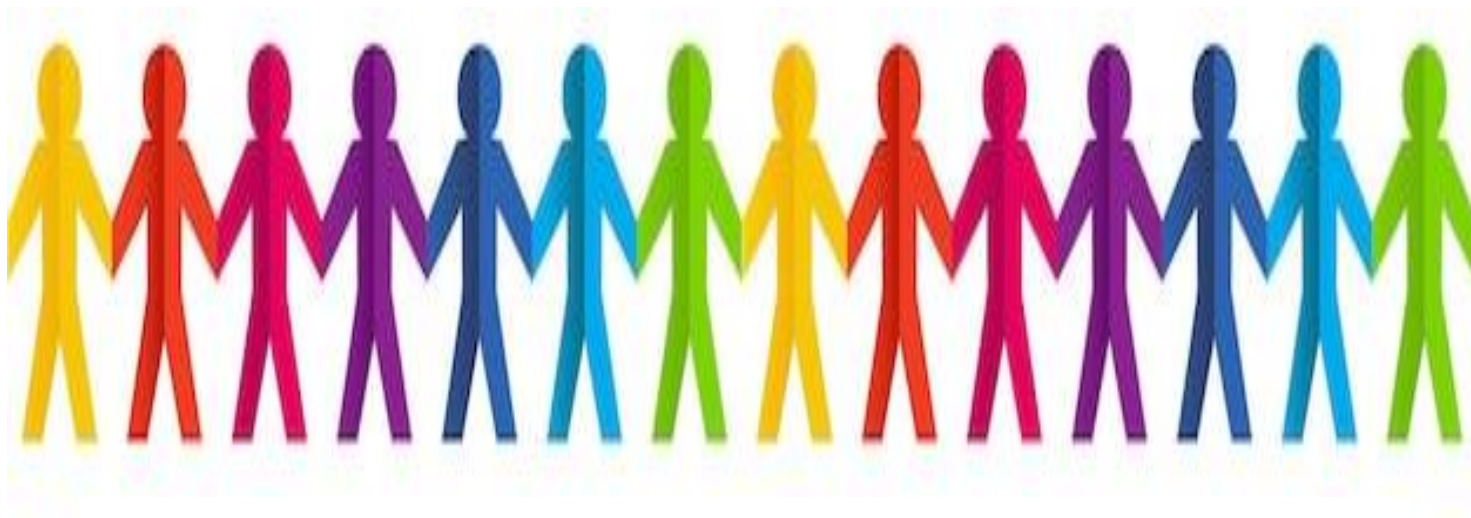
The Vendor Fair was truly a team effort! Many, many thanks to those who arranged for publicity, raised the tents, moved tables and chairs, baked, flipped burgers and hot dogs, sold food and raffle tickets, cleaned up afterward and took care of 1001 details!

None of this would have been possible without the vision of Peggy Farrell and Ja'net Malmstrom. These two amazing ladies planned the entire event, and in their spare time knocked at the door of every business in town to solicit raffle items. And Marion Daus showed why she is Hope's "go to" woman when it comes to food. Thanks to all three!

And special thanks to Judy Rieker, who won the 50/50 raffle and very generously donated her winnings to the St. Paul's Center!

~ Enjoy some pictures on the next page ~





July 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Pr. Elaine Berg	2 Judy Cosgrove	3 Bill Cosgrove	4 Edith Easterling	5 Kathy Zorian	6 Randy Littlejohn	7 Donna St. John
8 Eugene St. John	9 Tyler Gray	10 Emily Filuta-Gray	11 Henry Gray	12 Tonya Humphrey	13 Shane Pucci	14 Ja'net Malmstrom
15 Wayne Mizerak	16 Carol Mizerak	17 Karen Maycock	18 Bonny Mounteer	19 Jim Mounteer	20 Chris Nash	21 Bob Nash
22 Marlies Palka	23 Wayne Palka	24 Iola Pratt	25 Emily Purtell	26 Sherry Purtell	27 Jim Purtell	28 Greg Whitney
29 Victoria Whitney	30 Lois Whitney	31 Joyce Zweibel				

EACH MONTH WE LIST NAMES FOR YOUR DAILY PRAYERS. EVERYONE IN OUR COMMUNITY BRINGS UNIQUE GIFTS FOR OUR MISSIONARY JOURNEY. OUR PRAYERS SUPPORT THEM IN THEIR DAILY LIVES. (A REMINDER...THESE ARE NOT PRAYERS FOR HEALING.)



Breakfast for Kids



Breakfast Is on Us!

The kids are home for the summer and our local food pantries need help to provide healthy breakfast items! Let's give them some of the items they're looking for.

During the month of July, we'll be collecting non-perishable breakfast foods:

Cereal

Cereal bars / Granola bars

Pancake mix / Syrup

Juice boxes/pouches

Mini muffin packs

Oatmeal packets

Pop-tarts

Fruit cups

Individually wrapped mini-pastries

The items will be divided between the two food pantries we support: CoNSERNS-U (Rensselaer) and Doors of Hope (West Sand Lake). Your generosity is appreciated!!

There is a table set-up in the sanctuary for these items.



HOPE Lutheran
Church

470 Winter Street Ext. in Troy
Sharing the hope and love of Jesus with all

Compassion Camp - SUMMER VBS

What EVERY LIVING THING NEEDS

Compassion Camp is a program where participants explore what it means to have compassion for ourselves, others, and the world.

Through **Compassion Camp: What Every Living Thing Needs**, participants will explore what all living things need to live—shelter, food, water, air, and community—and how we can have compassion for the living earth.

Through awareness, gratitude, wonderment, reciprocity, and kinship, participants will consider how to become co-sustainers and participants in the work of God's creation.



Session Details & Objectives

Session 1: Every Living Thing Needs Shelter—Shelter Protects Life

Participants will develop their skills of awareness as the first step in compassion through hearing how God provides shelter in the Bible.

Session 2: Every Living Thing Needs Food—Food Energizes Life

Participants will practice gratitude for food that does and does not benefit them through compassionately acknowledging the world God made, described in Psalm 104, includes and exceeds them.

Session 3: Every Living Thing Needs Water—Water Hydrates Life

Participants will seek wonderment in the power and vulnerability of water through learning about the cycles of God's life-giving resource and how we need to compassionately protect it.

Session 4: Every Living Thing Needs Air—Air Sustains Life

Participants will explore reciprocity in the function of air through seeing their own breath as the sign of God's Spirit that breathes in them and how the world's influence on the air affects what they receive through it.

Session 5: Every Living Thing Needs Community—Community Produces Life

SONGS!

With Mama Mare

+PLUS+

SNACKS!

CRAFTS!

with Miss Debbie and
Mis Emily

OUTDOOR FUN!

BUBBLES! PARACHUTE! GIANT JENGA!

STORIES!

With Pastor Pamela and
Pastor Grandma Elaine

PRAYER YOGA

With Miss Beth

All children ages 4 - 12 welcome! Share VBS with friends, family, grandkids and neighborhood children. This is a community event!

MONDAY - FRIDAY, AUGUST 5 - 9: 8:30am—12:30pm

WE END THE WEEK WITH AN ICE CREAM SUNDAE PARTY AT NOON ON FRIDAY

CONTACT MARILYN DYER AT dyermm48@gmail.com or text 518-505-6434



RAISING MONEY FOR A NEW BOILER IN A SIMPLE WAY...

RETURN YOUR RECYCLABLE CANS & BOTTLES TO:

6 Center Redemption

461 Main Avenue in Wynantskill

**Let them know that you are
donating them to**

Hope Lutheran Church of Troy.



(You can also bring them to church on Sundays & someone will drop them off there for you. This will continue until all needed money is raised.)



FUNDRAISER



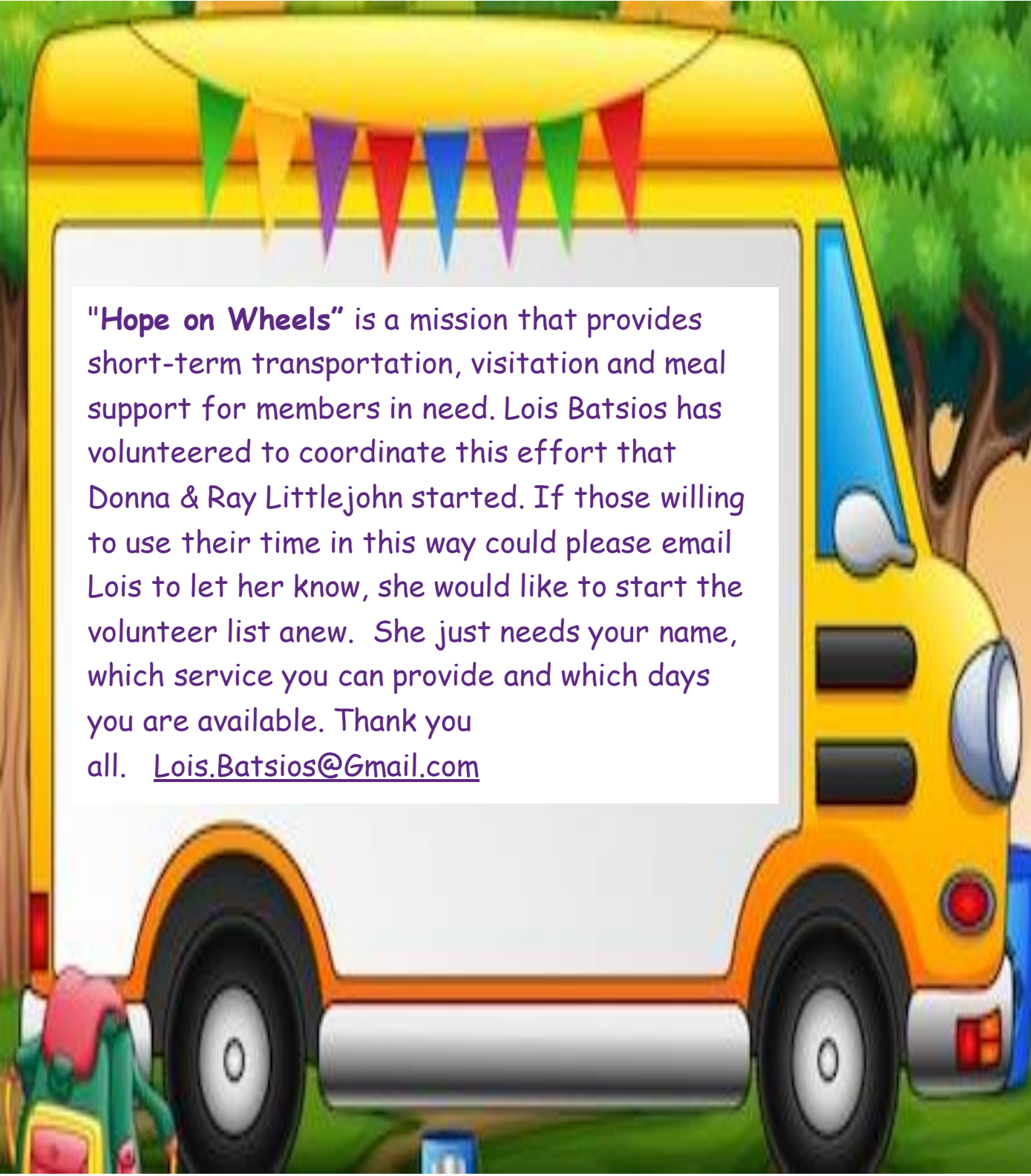
RAISING MONEY FOR A NEW BOILER IN A SIMPLE WAY...

LOOSE CHANGE COLLECTION

**~ Just bring your loose change to church
on Sundays and drop it in the bottle ~**



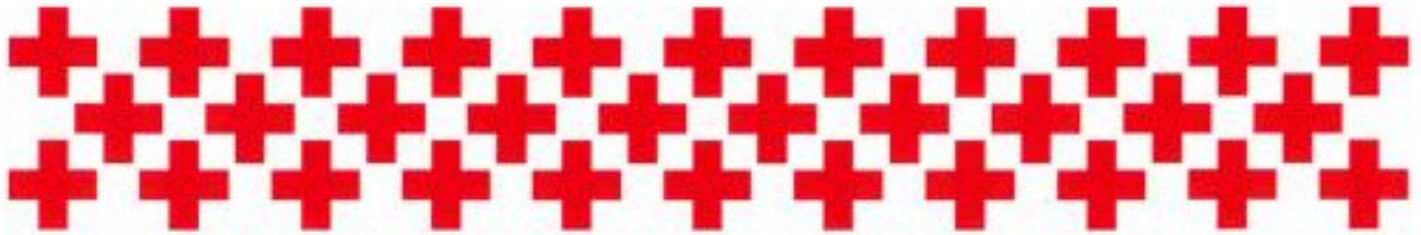
on Wheels



"Hope on Wheels" is a mission that provides short-term transportation, visitation and meal support for members in need. Lois Batsios has volunteered to coordinate this effort that Donna & Ray Littlejohn started. If those willing to use their time in this way could please email Lois to let her know, she would like to start the volunteer list anew. She just needs your name, which service you can provide and which days you are available. Thank you all. Lois.Batsios@Gmail.com

American Red Cross

Give blood. Help save lives.



Blood Drive **Hope Lutheran Church**

470 Winter Street Ext., Troy, NY 12180
Sanctuary

Saturday, August 17, 2024
8:00 a.m. to 1:00 p.m.

To schedule your appointment, please call 1-800-REDCROSS,
visit www.redcrossblood.org, or, download the free Blood Donor App. Use sponsor
keyword: **hopelutheran**



Scan to be directed to
RapidPass®

**Donors needed! Come give blood in August for \$20
Amazon.com Gift Card by email. See rcblood.org/Help**



Scan to schedule
an appointment.

Worship Volunteer Duties for JULY of 2024

Please find your own replacement if you cannot be available on date of assignment.

	7-July	14-July	21-July	28-July
	Worship 10:00am	Worship 10:00am	Worship 10:00am	Worship 10:00am
Altar Guild/ Comm. Asst. 2	Charlie H	Bonny M	Marilyn D	Donna S
Greeter	Elaine B	Peggy F	Ja'net M	Marlies P
Usher	Marilyn D	Athena B	Debbie F	Marion D
Assisting Minister	Chris N	Athena B	Pam D	Mike D
Communion Assistant	Chris N	Luis C	Pam D	Mike D
Snack Set-Up / Clean-Up	Charlie H	Susan C	Marilyn D	Susan C
Offering Counters	Marilyn D & Nancy C	Marion D & Pam D	Bonny M & Pam D	Marion D & Bonny M



Upcoming Events for July of 2024

We will have 'In-Person' Sunday Worship Services at 10:00 AM. We will also continue to stream our services on our website, YouTube page, and Facebook page.

Sharing the hope and love of Jesus with all

<p><u>4th</u></p>  <p>Happy 4th of July!</p>	<p><u>4th</u></p> <p>July Dine-Out 4th of July Picnic @ 3:00 PM (Rain Date: Friday)</p>	<p><u>6th</u></p> <p>Regional Food Bank Packing 10:30 AM – Noon Meet at RFB</p>
<p><u>7th</u></p> <p>Hope's Prayer Team meets in the small classroom following worship service</p>	<p><u>9th</u></p> <p>Hope's Book Club @ 7:00 PM at Marilyn's home</p>	<p><u>17th</u></p> <p>No Council Meeting on the 17th – Next Date TBD</p>
<p><u>25th</u></p> <p>Grief Support Group @ 6:30 PM in the sanctuary</p>	<p><u>Summer Bible Study</u></p> <p>During July and August, on Thursdays, @ 6:30 PM, at the home of Pr. Elaine Berg and Marilyn Dyer.</p> <p>July: 2nd, 11th, 18th, & 25th</p>	

